

## Children of Lir GC Club Guidelines

Only Club Members are permitted into our Training Venues due to Covid-19 guidelines  
A controlled hand-over of Members will be in place at all classes

- Children of Lir Gymnastics Club are a Community Non-Profit Club
- Children of Lir Gymnastics Club are affiliated to Cheer Sport Ireland
- Children of Lir Gymnastics Club wish to run all classes in a timely manner
- The Warm-Up is very important in our Sport no Club Member should skip this before their training
- A Lir GC Team Member will assist Parents/Guardians, Senior Club Members 18yrs plus to sign-in & sign-out of the class attending “*Controlled Hand-Over*”
- Club Fees are processed through our Club System “LoveAdmin” an email request will be sent to you requesting payment via Paypal
- All Club Members will receive their own LoveAdmin Account to view their payments, Club Members Progress, Goals, Achievements, Awards etc...
- Fingal Co Council are in charge of our Training Locations, Diswellstown Community Centre & Luttrellstown Community Centre
- Smoking is strictly prohibited in and around Fingal Co Council buildings & grounds

### Club Dress Policy

#### **Clothing**

Leotard compulsory	Female members	Club Leotard available in Club
Club Sweatshirt	All Members	Club Sweater available in Club
T-shirt - Close fitting	All Members	
Sports Leggings	All Members	
Sports Shorts	All Members	Shorts available in Club
Sports tracksuit pants	All Members	

#### **Jewellery**

Earrings	Permitted	Very small studded
Rings	Not permitted	
Necklaces	Not permitted	
Watches	Not permitted	

#### **Misc**

Hair	Medium/Long	Tied up neatly
Nails	Hands & Feet	Trimmed
Feet	Covered	Gymnastic Shoes/Socks
Feet	Bare	Permitted

Contact the Club to buy Club Kit & Accessories 087-8787111 via Whats-App  
Online Shop - coming soon!